

# Finding Peace in our Anxiousness

Isaiah 9:1–7; 1 Peter 5:6–7; Matthew 6:25–34

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## Jesus is our Mighty God so...

- 1) He is \_\_\_\_\_
- 2) He is \_\_\_\_\_
- 3) He is \_\_\_\_\_
- 4) He is \_\_\_\_\_

## Discussion Questions

- 1) When you think about the year, does peace as described on Sunday make the list of things you want for Christmas? How has worry and anxiety played a part in your life throughout this year?
- 2) How does the incarnation (God becoming man) of Jesus bring comfort and peace to your heart and mind? Consider the four truths about Jesus being mighty God.
- 3) Read Matthew 6:25-34 together. Knowing that the one speaking those words had the sole authority in Heaven and on earth to speak them, how does that change how you hear and respond to them?